

## Pastor's Page

Pastor Phil Robertson, Interim Pastor



In the words of the apostle John as recorded in the second verse of his third letter we read:

*“Dear Friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.”*

Scripture makes many references to the concept of health, well-being and the happiness that is a personal celebration of these blessings. There is no question that, as our Creator, God desires that we experience life to the full, He longs for us to know the joy of the being well in every aspect of our lives. It is from this perspective that our hearts are most appropriately tuned to praise Him for all the blessings of life that He gives us.

The Psalmist even says in chapter 103:2-5

*“Praise the Lord, my soul  
and forget not all His benefits  
Who forgives all your sins  
and heals all your diseases,  
Who redeems your life from the pit  
and crowns you with love and compassion  
Who satisfies your desires with good things  
so that your youth is renewed like the eagles.”*

Praise lives at the very heart of our sense of joy, health, peace, and an awareness of God's Presence. And in the concept of praise we can begin to truly appreciate the long-term benefits of living our lives according to the order and instructions given by our Creator. Unfortunately, with the introduction of the effects of sin upon our bodies we experience the effects of an earthly challenge to health.

We were never meant to experience challenges of declining health along with the impaired conditions of our various functions and senses. In these passages we are reminded that, even though the impact of sin upon God's perfect Creation has touched all of us, He continues to desire that we remain in relationship with Him. In this way, we will experience His blessings that will grant us the greatest potential sense of well-being while yet enduring the challenges that we may face.

This weekend we are blessed to receive important guidance that is intended to maximize the blessings of better life-style choices upon our health and wellness. May God bless each of us with understanding hearts as we add our voices in praise for the goodness of the Lord.

Warmly,  
Pastor Phil

~ ~ ~ ~ ~

## Sabbath Together

June 4, 2022

### Sabbath School 9:30 AM

#### Adult Classrooms:

Classroom 1 - Traditional Quarterly  
Classroom 20 - Spanish Sabbath School  
Conference Center - Bible Study - David Rendon  
Youth Lounge - Young Adult 18-35 - Hans Burda & Daniel Davis

#### Birth-High School Classes:

Cradle Roll - Birth to 3: Classroom 3  
Kindergarten - Age 4 through First Grade:  
Primary - Grades 2-5: Classroom 2  
Juniors - Grades 5-8: Classroom 7  
High-School - Grades 9-12: Classroom 9

Classrooms are on the North, South & West Halls  
For directions, see posted floor plan or ask the Greeters for assistance.

### Sabbath Worship Service 11:00 AM

Welcome		Robert Plant, II
Call To Worship	We Have This Hope	Hymn 214
Invocation		Robert Plant, II
Hymn of Praise	God Will Take Care of You	Hymn 99
Children's Story		Akkoy Flores
	<i>The Lamb's Offering will benefit Lubbock Junior Academy</i>	
Praise in Giving	Church Budget	Mae Flores
	~ ~ ~ <b>Regular tithes and offerings also received at this time</b> ~ ~ ~	
Offering Response		Hymn 694
	<i>Praise God, From Whom All Blessings Flow</i>	
Song of Prayer	I Must Tell Jesus	Hymn 485
Circle of Prayer		Glenn Blake
Song of Response	Hear Our Prayer, O Lord	Hymn 684
Message in Song		Keon Paez
Message	<b>Wholeness and Wellness: Body, Mind and Spirit</b>	Dr. Jerry Tamayo
Closing Song	I Surrender All	Hymn 309
Benediction		Robert Plant, II

**Praise Leader:** Robert Plant, II  
**Pianist:** Michelle Brofus

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**Speaker Next Week:** Pastor Phil  
**Offering Next Week:** NAD Women's Ministry  
**Greeter Next Week:** Anna Moreno

**Attendance Last Week:** 132 + 158 reached via Facebook Live

**Today's Greeter:** Briana Cooper  
**Deacon:** David Riley **Elder:** Robert Plant, II

## How To Reach Us

Phil Robertson, Interim Pastor	817.559.0390
<b>Board of Elders:</b>	
Robert Plant, II, Chair	806.441.1090
Glenn Blake	806.790.9549
Philip Minda	432.599.2645
Luis Moreno	956.999.3666
Melwin "Bim" Paez	240.460.7923
Ed Thorne	806.535.4300
Cindy Riley, Treasurer	806.928.9713
David Riley, Chair, Board of Deacons	806.577.2990
Michele Crawford, Chair, Board of Deaconess	970.901.0987
Kathy Flyger, Church Event/Building Coordinator	806.535.7770
Church Office	806.793.8614
Church FAX	806.799.5136
Church Email Address	<a href="mailto:lubbockadventist@sbcglobal.net">lubbockadventist@sbcglobal.net</a>
Church Website	<a href="http://www.lubbockadventist.org">http://www.lubbockadventist.org</a>
Lubbock Junior Academy	806.795.4481
Adventist Book Center - Texas	800.333.1844
Texico Conference Office	505.244.1611
Conference Website:	<a href="http://www.texico.org/">http://www.texico.org/</a>

### We Extend a Warm Welcome to Our Speaker, Dr. Jerry Tamayo

Dr. Edwin Jerry S. Tamayo is a sought-after national and international speaker on health and wellness. He addressed three different international scientific conventions on Vegan Nutrition and Lifestyle in the United States and in the Philippines. He is often invited to conduct seminars (both virtual and in-person) on lifestyle and wellness across the United States, Canada, United Kingdom, and the Philippines. His lectures emphasize clear understanding of the physiological and biochemical aspects of health and wellness, and how they relate to the Adventist health message. He served as professor of Human Anatomy and Physiology, Genetics, Biochemistry, and Nutrition and Diet Therapy for the past 33 years (18 years in the Philippines, and 15 years in the US.) He has been regularly conducting monthly seminar series on wellness and vegan nutrition since 2012; and weekly presentations on health and wellness including a monthly Health Forum since March 2019 via Facebook Live on Health Speaks Wellness Seminars, and via Facebook and Streamyard on JesusLIVE.io Health\_Talk. He serves as wellness consultant on lifestyle and diet therapy for Sunbeam Wellness Education and Consultancy in McAllen, Texas, and as faculty and wellness consultant on lifestyle and diet therapy for Lifetree Natural Wellness Center. He has been the health ministry leader and an elder at Edinburg SDA Church in Edinburg, Texas since 2010. He is a father of four girls (the eldest is a registered nurse, the second is a nutrition and dietetics graduate, the third is a junior in Bachelor in Social Work, and the youngest is an 8<sup>th</sup> grader), and a husband of Grelou Palomero-Tamayo, a registered nurse.

Dr. Tamayo has a Ph.D. in Molecular Medical Genetics and Nutritional Biochemistry, and M.S. in Biology. He has basic and advanced certifications in Food, Health, Wellness and Sports Nutrition; a leadership certification in Complete Health Improvement Program (CHIP); and advanced certification as Medical Missionary.



# LUBBOCK

# SEVENTH-DAY ADVENTIST CHURCH

## MISSION STATEMENT

We, as children of the Living GOD, are here to

***UPLIFT JESUS CHRIST,***

His teachings and His commandments with all our hearts, souls and minds.  
As redeemed servants of Christ, we are to serve and to prepare all for the Second Coming of Jesus Christ as the Blessed Hope and encouragement for all mankind.

Mailing Address: P O Box 6277  
Lubbock, TX 79493-6277

5302 Elgin Avenue  
Lubbock, Texas 79413  
806.793.8614

Website: <http://www.lubbockadventist.org>

## Prayer Requests

### CHURCH FINANCES

(for God's continual Leading on funding of our church and LJA)

◆ **Our President, Leaders of our country, Leaders of our Church and Conferences, Pastor Phil, our Pastor search, Elders, School Teachers and Local Church Ministry Leaders**

◆ **All Disaster Victims - WAR, EARTHQUAKES, RIOTS, PROTESTS, FIRES & FLOODS**

- ◆ Robert Aldridge (restored health)
- ◆ Tammy Allen-Reed (Total Recovery)
- ◆ John Brown (Health & Healing)
- ◆ Donna Cartwright (Healing)
- ◆ Ken Cartwright (Healing)
- ◆ Joe Castillo (Divine Healing)
- ◆ Martha Castillo (Healing)
- ◆ James Crowley, Jr. (Divine Healing)
- ◆ Denise Downing (Healing)
- ◆ Steve Downing (Healing)
- ◆ Kathy Flyger's Nephew "Rick"

- ◆ Olga Garcia (Healing)
- ◆ Betty Johnson (Broken foot)
- ◆ David Lara, Sr. (Healing)
- ◆ Mireya Lujan (Healing)
- ◆ Philip Mainda family (comfort)
- ◆ Andi Nunez (Continued Healing)
- ◆ James Petty (Strength & Pain relief)
- ◆ Jennifer Petty (Divine Healing)
- ◆ Dondie Ramos Mother (healing)
- ◆ Cindy Riley's Nephew "Tyler"
- ◆ David Riley's Sister "Phyllis"
- ◆ Dorthy Tubbs Nephew "Tim"
- ◆ Jan Yates (Strength & healing)
- ◆ Kathy Yates (Total healing)

### ◆ UKRAINE WAR VICTIMS

◆ **HAILIE NOVEMBER TORREZ**  
Safe Return to Grandmother Sandy Ramirez.

◆ **Unspoken** prayer requests  
Healing, finances and families.

◆ **Pray for Christ's followers**  
who are being persecuted and/or killed for their faith world wide.



## Lubbock Junior Academy ...

### Recruiting K-8 Students for 2022-2023 School year

Student Applications & Handbooks are available at the school or church office.

### Lubbock Junior Academy

School Mission Statement

**Building A Better World ~ One Child at a time**

Please feel free to contact:

**Harim E. Calderon, M.Ed., Head Teacher K-4 & 9**  
Phone or Text 956.523.1576

**Melwin "Mr. Bim" Paez, Teacher, Grades 5-8 & 9**  
Phone or Text 240.460.7923

**Robert Plant, II - School Board Chair, 806.441.1090**  
or the Church Office, 806.793.8614

~ ~ ~ "Like" us on Facebook ~ ~ ~

Or visit us on-line: [www.lubbockjracademy.org](http://www.lubbockjracademy.org)

### CHURCH ROOF LOAN

2020	Payment	Received	(+ or -)
Jan-Dec	\$42,528	\$58,760	\$16,232

2021	Payment	Received	(+ or -)
Jan-June	\$21,264	\$22,680	\$1,416
July-Dec	\$21,264	\$29,281	\$8,017

2022	Payment	Received	(+ or -)
Jan-March	\$10,632	\$10,532	(\$100)
April	\$3,544	\$3,990	\$446
May	\$3,544	\$2,661	(\$883)

We must stay a month ahead at all times, as the payment is drafted from our bank account on the 10th of each month.

### CHURCH FINANCES AT A GLANCE

	TITHE	
	This Year (Jan-April)	Last Year (Jan-April)
April 2022	YTD 2022	YTD 2021
\$28,462	\$95,748	\$105,675

	CHURCH BUDGET		
	Required	Received	Need
May 2022	\$13,400	\$9,941	\$3,459

	ROOF LOAN (15-Year Note)	
	Monthly Payment	Balance 4/30/2022
Original Roof Loan	\$3,544/month	\$215,319
\$420,000		

Please place your contribution in an offering envelope and designate the ministry to which your offering is to be allocated. Undesignated offerings will go to the Church Budget.

For your convenience, there is also a link for on-line giving, <http://www.lubbockadventist.org>

~ ~ Thank You For Remembering our Church Budget ~ ~  
... and for the sacrificial way you continue to give.

A total of \$13,400 is required monthly for every ministry to be fully funded.

## Events This Week

Sunday - June 5

**9:00am - Men's Breakfast** - All men are invited to meet at the Golden Corral for Breakfast & Fellowship.

Monday - June 6-11

**General Conference - 61st Session** - Indianapolis, Indiana

Wednesday - June 8

**6:00pm - Midweek Prayer & Bible Study** - Conference Center

Friday - June 10

**7-9pm - Prayer Warriors** - Prayer Room

**7:30pm - Friday Night Sundown Vespers** - Classroom I. Facilitated by Robert Plant, II

~ ~ ~ The Joy of Sabbath begins Friday at 8:58pm ~ ~ ~

## Upcoming Events

**Men's Ministry** will provide the evening meal for the residents of the Ronald McDonald House, Saturday, June 11, 5:30pm

**Finance Committee** - Sunday, June 12, 9:30am

**Church Board** - Sunday, June 12, 10:00am - Conference Center

**ABC D2U - Order from the Adventist Book Center** by June 16 for delivery in our church Parking Lot, June 22. Just call 1.800.333.1844

**All Church Sabbath School**, Sabbath, June 25, 8:30am, lite breakfast before All-Church Sabbath School, for the enjoyment of Junior age & up. "Testimony Time"

**Men's Breakfast**, Sunday - July 3, 9:00am. All men are invited to meet at the Golden Corral for Breakfast and Fellowship.

## Membership Transfer

### First Reading:

**Drew, Kristi, Mara and Conlan Fout**  
To the Lubbock Seventh-day Adventist Church from the Texas Conference Seventh-day Adventist Church in Alvarado, Texas

# Welcome!

to the Lubbock Seventh-day Adventist Church.

*It is good to have you with us today.*

*We pray that our time together assists you in your growth in the grace and knowledge of our Lord Jesus Christ.*

**If you are visiting, please introduce yourself to our Pastor or one of our Elders, Deacons or Deaconesses - who are here to greet you.**

If you are looking for a church home, we pray you will find it with us! We would love to welcome you into our church by baptism, by your profession of faith in Jesus, or by transfer from another Seventh-day Adventist church. Our Pastor, Elders or Church Clerk will be happy to help you make membership arrangements.

**We are glad you have chosen to worship with us today.**

You may speak to the pastor, one of the elders at church or write your request on a Card and drop it in the offering plate.

## Today's Events

**9:00am - Discipleship Class** - Classroom 14.  
Facilitated by Philip Mainda

**9:30am - Dr. Jerry Tamayo - Sanctuary**  
*Five ways sugar hijacks your health.*

**11:00am - Worship Service** - Worship Center  
**Guest Speaker, Dr. Jerry Tamayo will present: Wholeness and Wellness : Body, Mind & Spirit**  
(Worship Service will be live streamed via Facebook-Live)

**11:00am - Spanish Worship Service** - Classroom 20

**12:30pm - All-Church Fellowship Lunch** - Fellowship Hall, following the Worship Service

**3-4:00pm - Zoom Bible Study: The Gospel of John**  
This study is open to all who would like to study. Contact Anita McChesney (574) 514.9495.

**3:00-4:15 - Fourth Session with Dr. Tamayo**  
*10 Counter Attacks Against Lifestyle Diseases*

**4:30-5:45pm - Last Session with Dr. Tamayo**  
*Nature's Ammunitions Against Cancer*

**7:00pm "YAM" Young Adult Ministry** - will meet in the Youth Lounge. This 18-35 age group meets weekly.

**7:00pm Sundown Vespers** - Classroom I  
Facilitated by Robert Plant, II

**7:00pm - Spanish Vesper Service** - Classroom 20

**The Joy and Blessing of the Sabbath**  
Concludes today at 8:55pm  
Begins next Friday at 8:58pm

*God Bless You*

## PRAY FOR UVALDE COMMUNITY

### Intercessory Prayer

*And I sought for a man among them that should make up the hedge and stand in the gap before me for . . .*

Name: \_\_\_\_\_  
(Optional)

*Please stand in the gap for me - that God's divine will be done regarding the following . . .*

*Fill in your request, tear off, place in the Offering plate, or give directly to the Pastor or to one of the Elders  
May God Bless You!*